

Fall - Winter Classes
Open for Public



Info:
www.mobudancestudio.com
(415) 602-8557

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			9:15 - 10:00 am Pre ballet for age 2-3 years old Taught by Matrisha Person 7 weeks session \$84 www.matrishadanc e.com	8:15- 9:15 am Rosen Method Movement Taught by Theresa Garcia (415)812-9917		9:00 - 10:00 am Zumba Fitness Taught by Rossy Gautier \$10 drop in (415)533-8194 zumbasparty@ gmail.com
	9:30 - 10:30 am Beginning Afro- Caribbean Taught by Virginia O'Hanlon \$10 (415) 648-1134			9:30 - 10:30 am Beginning Afro- Caribbean Taught by Virginia O'Hanlon \$ 10 (415) 648-1134		10:00 - 11:00 am Zumba Fitness Taught by Jennifer \$10 drop in (415)533-8194 zumbasparty@ gmail.com
			8:15 - 9:45 pm Afro Caribbean Taught by Roberto Borrell (510)860-1175		NEW!! 5:00 - 6:30 pm Yoga with Ayako Hatha yoga base Taught by Ayako (415) 484-YOGA	NEW!! 11/6 starts 11:30am - 1:10 pm Asana/ Nada yoga Taught by Juztino & Adriana (415) 240-1209